



**COMMUNITY HEALTH NEEDS ASSESSMENT  
2017-2019**

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## **OVERVIEW**

Sedgwick County Memorial Hospital has served the citizens of Sedgwick County and a portion of Deuel County in the Nebraska panhandle as a non-profit, community-owned and locally-governed hospital since 1950. The overall operating philosophy of the organization is to provide high quality health care to the area so that patients do not have to travel far from home to receive needed medical care. In an effort to provide needed services and ensure long-term viability in the community, the hospital is now one of five services lines that comprise Sedgwick County Health Center.



### **Sedgwick County Health Center Mission**

Building upon our community oriented heritage and tradition, the Mission of Sedgwick County Health Center is to provide a broad continuum of high quality health and resident care services to the people of northeast Colorado and the surrounding Nebraska panhandle area.

### **Sedgwick County Health Center Vision**

Striving to fulfill our Mission by assuring our long-term viability, the Vision of Sedgwick County Health Center is to constantly examine (modify, add and/or delete) the scope of services to effectively serve our patients and residents.

### **Service Lines Comprising Sedgwick County Health Center**

- Sedgwick County Health Center includes a 15 bed critical access hospital, swing bed, known as Sedgwick County Memorial Hospital. The hospital is

licensed by the State of Colorado and offers general acute care services including obstetrics, general medicine, surgery, emergency medicine, physical therapy, respiratory care and pediatrics. A variety of on-site diagnostic services are available including hematology, clinical chemistry, immunohematology, diagnostic radiology, EKG services, mammography, ultrasound, treadmills, permanent on site CT, mobile MRI scans, and Holter monitoring. The hospital also offers a Fitness Center.

In 2006, the Health Center completed a three year renovation and remodel of the hospital and the Valley Medical Clinic located in Julesburg. The renovation involved the remodeling of the existing 11,686 square feet of the hospital and the construction of an additional 8,700 square feet. It also increased the hospital's emergency room from 244 square feet to over 2800 square feet. As part of the renovation, the hospital also received trauma rooms with expanded emergency services, a new obstetrics ward with two suites, and a large physical therapy department and a fitness center. The renovation also included the consolidation of the hospital and the Valley Medical Clinic in Julesburg into one physical structure.

- The Health Center includes two separate medical clinics, one located in Julesburg and the other located in Big Springs, Nebraska. The Valley Medical Clinic in Julesburg has been in Sedgwick County since 1997. It is a family practice facility and Medicare certified provider based Rural Health Center. The clinic has a medical staff consisting of two full-time physicians, one part-time physician, one full-time certified nurse practitioner and one part-time certified physician assistant. Valley Medical Clinic in Big Springs Nebraska is also a family practice facility and Medicare certified provider based Rural Health Center. The clinic in Big Springs has one part-time physician, two part-time physician assistants and one part-time nurse practitioner.
- The Health Center also consists of Sedgwick County Memorial Nursing Home, which was constructed in 1962. This 32 bed county-owned long term care facility strives to provide quality health care services in a safe and caring environment. There are 12 private and 10 semi-private rooms in this intermediate care nursing home. Creative professionals take a personal interest in helping each resident function at their highest level of independence.

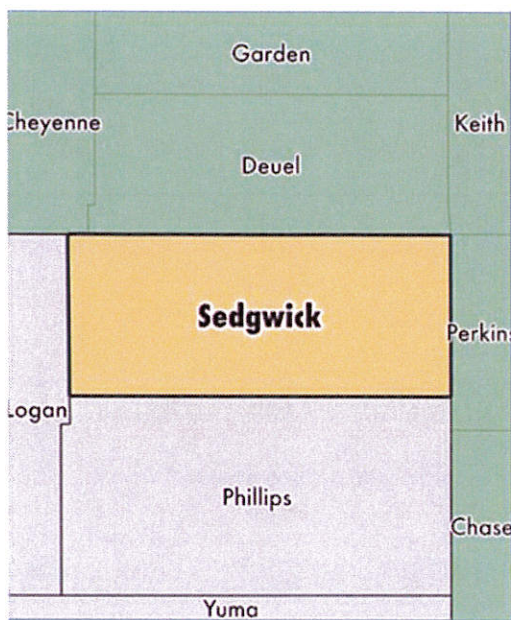


- Finally, the Health Center includes the Jacob J. and Anne B. Walter Memorial Living Center, which was built in 1998 and is licensed as a 26 bed personal care boarding home by the State of Colorado. The Living Center provides alternative housing for senior adults who need help with activities of daily living, but do not need the skilled medical care provided in a nursing home. The Living Center promotes maximum independence for each resident and encourages the involvement of family, neighbors and friends. The Living Center is designed to allow local residents to continue living in their community and to enjoy an independent lifestyle with the peace of mind that comes from knowing staff is available twenty-four hours a day if and when needed.

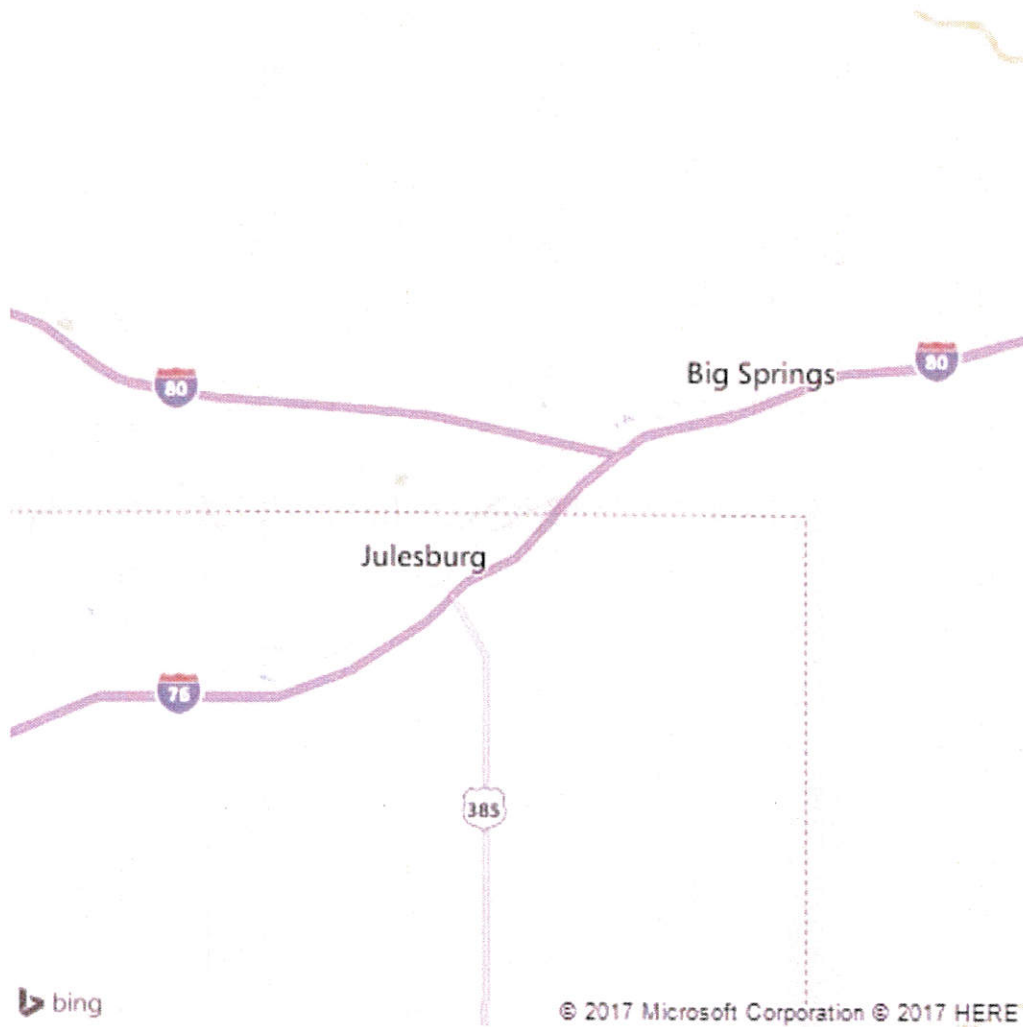
## Defined Community

### Geographic Area

The Health Center is solely owned by Sedgwick County, and the Health Center's total service area is approximately 4000 residents. Sedgwick County is located in the far northeast corner of Colorado, and has a land area of approximately 549 square miles and a total population of 2379 residents. The majority of patients in the hospital's service area are from the Julesburg area and the area surrounding Big Springs, Nebraska. The last official population by the U.S. Census Bureau in 2010 for Julesburg was 1225. It was 400 for Big Springs.



## Primary Service Area



## Demographics

### Population

Sedgwick County has a land area of approximately 549 square miles. Julesburg is the Statutory Town that is the county seat and the most populous municipality in the county. The last U.S. Census was in 2010 and gave Julesburg a population of 1225 people. The 2010 Census gave Sedgwick County a population of 2,379 people. This means that Julesburg had 51.5% of the county's total population, making it Sedgwick County's most populous community. According to the

Colorado State Demographer's Office, the population of the county is not expected to increase. By 2020 the population of the county is expected to decrease by 11.014%, and by 2030, 6.837%. A total of three towns are located in the county: Julesburg, Ovid and Sedgwick.

Deuel County, Nebraska, where the Health Center's Big Springs Clinic is located, has a land area of approximately 411 miles. The 2010 census gave Deuel County a population of 1941 people. Big Springs had a population of 400, which is less than one half the size of the only other town located in Deuel County, which is Chappell. U.S. Census estimates indicate the current population of Big Springs has been declining since 2013.

### **Gender**

As of July 1, 2016, Sedgwick County's population was evenly split between males and females at, respectively, 50.2 % and 49.8%. Deuel County, Nebraska was similar, with 49.1% and 50.9% split between males and females, respectively.

### **Age**

According to the Colorado State Demographer's Office, currently the median age of Sedgwick County residents is 48.3 years. According to U.S. Census data, as of July 1, 2016, 20% of the population is under the age of 18, and 24.8 % of the population is 65 years of age or older. Today, 24% of the population of the county is 65 or older. By 2025, it will be 26%. This likely means that the demand of healthcare services in the county, particularly for the treatment of chronic diseases will remain steady or increase.

According to U.S. Census data, as of July 1, 2016, for Deuel County, 20.8% of the population is under the age of 18, and 24.6 % of the population is 65 years of age or older. These percentages are similar to those found in the 2010 U.S Census.

### **Diversity**

Overall, the State of Colorado is becoming more diverse. Based on data reviewed, the population of Sedgwick County appears to be inconsistent with the State's experience. According to 2010 U.S. Census data, the largest population of non-white residents is Hispanic or Latino, which make up 14% of the county's population. This number is down approximately 8% from 2000.



Roughly 5.9% of the population in Deuel County, Nebraska, is Hispanic or Latino as of July 1, 2016. This number is up from the 2010 Census, which was 2.72%.

### **Employment and Income**

As of July 1, 2016, the median per capita income in Sedgwick County is \$33,230, and the median income for a household is \$62,520. About 11% of persons are below the poverty line.

In Deuel County, the median per capita income as of July 1, 2016, is \$28,640, and the median income for a household is \$51,786. About 11.5% of persons in the county are below the poverty line.

In addition to being the only healthcare provider in Sedgwick County, the Health Center is the largest employer in the service area. Health care employment tends to be one of the most significant service areas in rural areas and contributes significantly as an economic driver for the community.

## **Assessment of Community Health Needs**

### **Overview**

A community health needs assessment (CHNA) is defined as a systemic process involving the community to identify and analyze community health needs and assets in order to develop strategies that address these issues. Sedgwick County Health Center is committed to studying and responding to the health needs of Sedgwick County through a community wide approach. The results of the assessment will be used to guide the Health Center's strategies to maximize community health and wellness, population health management and advance our mission and vision.

According to County Health Rankings for 2017, Sedgwick County ranks 27<sup>th</sup> in health outcomes in the state based on an equal weighting of length and quality of life, and ranks 36<sup>th</sup> for health factors based on weighted scores for health behaviors, clinical care, social and economic factors, and the physical environment. Deuel County, Nebraska is not ranked for either health outcomes or health factors. More than 21% of the population in the Health Center's service area is enrolled in Medicare, and at least 16% to 25% are covered by Medicaid.

## **CHNA Planning Process, Strategy and Community Input**

As a starting point in performing the CHNA, a committee was formed consisting of hospital employees and various members of the community. The committee members were identified with the intent of including individuals representing the broad interests of the community.

- Chief Executive Officer, Sedgwick County Health Center
- Chief Financial Officer, Sedgwick County Health Center
- Human Resources Coordinator, Sedgwick County Health Center
- Paramedic, Sedgwick County, Colorado
- Director, Eastern Colorado Services for Developmentally Disabled
- Director, Sedgwick County Health and Human Services
- Manager at Northview Apartments, Julesburg, Colorado
- Pharmacist
- Julesburg, Colorado School Superintendent
- Revere, Colorado School Superintendent
- Director of Sedgwick County Economic Development
- Deuel County, Nebraska, Life, Health & Property Insurance Agent
- Community member at large

These individuals provided input on health care services and needs in the community, access to health care, social, behavioral and environmental factors influencing health care in the community, financial barriers to care, and education and wellness. They also provided oversight for the process and methods to be used for conducting the assessment.

### **Process and Methods**

#### **Data Review**

Data from local, state and federal sources, as well as from internal Health Center sources, consisting of population statistics, population health statistics and community health trends were reviewed.

#### **Community Input**

Participants on the Committee were assembled with the goal of identifying members who represented the broad interests of the community so that information could be obtained on health care needs from the perspective of these individuals

and from their organizations. The Committee included members from the county health department, organizations familiar with the medically underserved and low-income, the developmentally disabled, minority populations in the community, hospital administration, local school districts, private businesses, and health care consumers. Feedback was obtained on health care services and needs in the community, access to health care, social, behavioral and environmental factors influencing health care in the community, financial barriers to care, and education and wellness during the discussions that occurred at meetings in 2017. The Committee also discussed technology, safety, and other health care issues. The intent of these discussions was for the Health Center to better meet and identify community health care needs, and to better understand the community's awareness of gaps and needs.

In addition to the input of persons representing the broad interests of the community, a survey was conducted of area residents without regard to financial resources or ability to pay for health care services. The survey consisted of 32 questions on a wide variety of health care and health care provider issues. The survey was distributed by mail. The same questions were asked of all participants. The survey questions included a series of "yes or no" questions as well as open ended questions regarding services utilized and services needed. There were 18 responses received and tabulated.

### **Needs Identified by Survey**

Of the survey responses, 54% of the respondents were 40 to 54 years old, with the next highest group of respondents (22%) aged 55 to 64 years old. Eight percent (8%) were 65 years old or older. The largest number of responses were received from residents in Julesburg, Colorado (54%), followed by Ovid, Colorado (30%), Sedgwick, Colorado (8%) and Big Springs, Nebraska (8%).

The majority of respondents (54%) had an annual income between \$50,000 and \$74,000, followed by over \$75,000 (23%), \$25,000 to \$49,000 (15%) and under \$25,000 (8%).

85% stated they had employer sponsored health insurance, and 15% stated they had Medicare, Medicaid or CHP+. 15% of the respondents had vision insurance, and 8% of respondents stated they had dental insurance

The survey requested information concerning health care needs during the past 2 years. The responses received provided the following information.

- 54% stated they received inpatient hospital care in the past 2 years
- 42% stated they sought care at hospitals other than the Health Center because of the availability of specialists
- 92% stated they were satisfied with the inpatient care received at the Health Center
- 77% stated they were satisfied with the outpatient care received at the Health Center
- 77% stated they used radiological imaging services, followed by laboratory (69%), physical therapy (54%), emergency room (37%), specialists (8%), OB/delivery (8%) and colonoscopy/endoscopy (8%)
- 37% stated they sought specialist care for orthopedic surgery, followed by pain management (15%), allergy (15%), podiatry (15%), urology (8%) and obstetrics/gynecology (8%)
- 85% stated they have a primary care provider
- 100% stated they used medical clinics for most of their routine care
- 77% stated they were able to get an appointment within 48 hours
- 15% stated they thought additional services beyond the clinic hours of 9:00 a.m. - 12:00 p.m. and 1:00 p.m. – 5:00 p.m. were required
- 15% stated they delayed healthcare due to lack of financial resources and/or insurance
- 62% stated they were very concerned about the cost of healthcare and the cost of out of pocket expenses
- 8% stated they believed transportation for health care services was an issue
- 77% stated they believed the Health Center supported residents in managing their health
- On a scale from 1-10 (with 1 being the worst possible and 10 being the best), 8% of the respondents rated their overall health a 5, 8% rated their health a 7, 38% rated their health an 8; 38% rated their health a 9, and 8% rated their health a 10

Open ended question that sought information concerning health care issues and access were also asked in the survey. During the past year, five respondents stated they were not able to obtain an appointment for primary care, one respondent stated that an appointment was not available for other medical treatment such as a test, surgery, lab or x-ray, and one respondent stated an appointment was not available for a medication/prescription.



When asked about issues affecting the community, respondents stated the following.

- 87% of the respondents stated they thought poverty was an issue
- 92% stated low education was an issue
- 91% stated motor vehicle accidents were an issue
- 38% stated the lack of exercise/fitness programs was an issue
- 69% stated domestic violence was an issue
- 67% stated sexual violence was an issue
- 85% stated bullying in school was an issue.

When asked about experience of living in the area over the past two years, respondents stated the following.

- 8% stated they believed there were individual/family health concerns specific to a disease or health condition
- 15% thought emergency response and preparedness was an issue
- 15% thought safety (accidents, injury and violence) was a concern
- 15% believe public health issues that could affect the entire community were a concern.

When asked about various household health issues, the following response were received.

- 61% believed anxiety or stress contributed to health issues
- 30% believed depression contributed to health issues
- 16% believed alcohol and drug abuse contributed to health issues
- 15% believed child obesity was an issue
- 23% believed adult obesity was an issue
- 38% believed not being able to access care for persons with a serious injury or mental illness was a concern
- 31% experienced thoughts about suicide
- 53% believed a lack of dental care was an issue
- 47% believed that a lack of vision care was an issue

When asked about additional services that the community would like the health Center to offer, the respondents identified less wait time for appointments at the health center's clinics, more specialists, the availability of after-hours urgent care, and wellness programs.

## **Needs Identified and Prioritization**

As a result of the Community Health Needs Assessment, Sedgwick County Health Center has identified the following priorities that it can address with available resources and has developed a plan to help impact these priorities. Although many issues were identified by the respondents as important, the Health Center lacks the financial resources to address all of the identified needs, and identified the following concerns that it is able to address with the resources that are available.

The survey conducted of residents indicates that respondents believed there was a need for services to be extended at the Health Center's clinics to allow the availability of appointments and less waiting time.

Our patients indicated that there was a need for after-hours services such as an urgent care clinic.

Over half of our patients mentioned mental health issues including anxiety, thoughts of suicide and depression as being a significant concern in the community.

Our patients indicated there was an additional need for wellness services in the community.

## **Implementation Strategy**

Recruitment of providers to rural communities historically has been difficult. Currently, the Health Center has only two full time physicians, two physician assistants and two nurse practitioners, and it could use additional providers to provide services to the community. Sedgwick County Health Center has and will continue its recruitment efforts through collaboration with outside recruiting firms to recruit additional health care providers for the community.

The Health Center will assess the need for after-hours services and the financial viability of providing care through an urgent care clinic or other resource in addition to the care available through the hospital's emergency room and the two medical clinics.

The hospital will evaluate opportunities to provide and support mental health and behavioral health issues, and will continue to collaborate with Centennial Mental Health and to look for additional opportunities to enhance collaboration. The

Health Center will also investigate opportunities to offer mental health care through visiting providers and evaluate the potential to integrate mental and behavioral health care at its medical clinics.

The Health Center will increase its current efforts on education and awareness of wellness programs, including the provision of additional information about services available through visiting specialists, assistance in understanding health care costs, insurance, financial assistance, and charity care. The Health Center will continue publication of information in the Julesburg Advocate for the purpose of providing information on health care. For the third year the Health Center also will combine its annual Health Fair and Jim Kontny's Free PSA testing for two weeks for blood draws. Radiology testing will also be offering, at a reduced rate – Carotid and Aorta Screening; Ankle Brachial Index (ABI) Screening.

The Health Center will provide information through its annual health fair and through public awareness programs regarding healthy lifestyles, weight loss and healthy eating.

The above health needs were selected to be addressed by the Health Center to provide the maximum impact on the overall health of the community as a result of this assessment. Resources of the Health Center will be used to address these health needs.

### **Other Needs Identified Which Are Not Addressed But For Which Other Community Resources Are Available**

Sedgwick County Health Center is not able financially to meet all of the needs and concerns identified during the Community Health Needs Assessment process, but the following agencies and organizations are available in the community to help meet needs and serve as potential collaborators or partners to educate and assist the community.

- Centennial Mental Health
- Sedgwick County Department of Human Services
- Northeast Colorado Health Department
- Gateway Medical Foundation
- Colorado Department of Education
- Julesburg School District
- Revere School District

- Nebraska Health Department
- Nebraska Department of Education
- South Platte Schools

### **Availability of Sedgwick County Health Center Community Health Needs Assessment**

The final report is available on our website at [www.schealth.org](http://www.schealth.org) and hard copies are available at the hospital upon request.

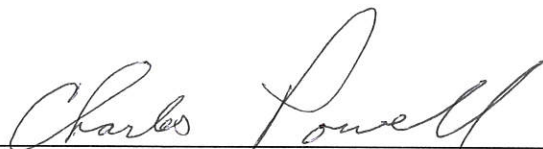
### **Approval**

The Sedgwick County Health Center Board of Directors approved the Community Health Needs Assessment and the Implementation Strategy contained herein for addressing the identified priorities at a meeting of the Board held on December 29, 2017.



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Ken Hodges, Secretary  
Sedgwick County Health Center Board of Directors



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Charles Powell, Chairman of the Board  
Sedgwick County Health Center Board of Directors



## APPENDIX

### COMMUNITY NEEDS ASSESSMENT SURVEY AND RESULTS

1. Have you or anyone in your household used inpatient hospital services in the past 2 years?  
Yes – 54%                      No – 46%
  
2. What hospitals did you visit for inpatient care? List all.  
Children’s Hospital (Denver), Banner Health (Brush), Melissa Memorial Hospital (Holyoke), Poudre Valley (Ft. Collins), Perkins County Health (Grant), Sterling Regional, SCHC
  
3. If you or anyone in your household received care at a hospital other than Sedgwick County Memorial Hospital, why was that/those hospital(s) chosen?  
Physician Referral – 33%  
Quality of care/lack of confidence locally - 0  
Closer, more convenient – 17%  
Availability of Specialists – 42%  
Insurance – 0  
Other: Primary Care Physician Location – 8%
  
4. If you were an inpatient at Sedgwick County Memorial Hospital, how satisfied were you with your services?  
Satisfied – 92%              Dissatisfied    N/A – 8%  
Why? Adequate Care and Great Staff
  
5. Within the last 2 years, what services have you used at Sedgwick County Memorial Hospital?  
% of Respondents  
Radiological Imaging (X-ray, CT, Ultrasound, Mammography, MRI) – 77%  
Laboratory – 69%  
Physical Therapy – 54%  
Emergency Room (ER) – 37%  
Colonoscopy/Endoscopy – 8%  
General Surgery - 0  
Specialists – 15%  
Other: OB/Delivery – 8%
  
6. What specialists have you or anyone in your household visited in the last 2 years?  
Allergy – 15%  
ENT  
Dialysis  
Cardiology/Heart

Dermatology  
 Asthma  
 Obstetrics-Gynecology – 8%  
 Oncology  
 Obesity  
 Orthopedic Surgery – 37%  
 Pain Management – 15%  
 Diabetes – 8%  
 Neurosurgery  
 Urology – 8%  
 Podiatry – 15%  
 Vascular Surgery  
 Audiology  
 Other:

7. Please list the clinic and city where you saw each specialist.  
 Allergy Clinic – Greeley, CO; Banner Health – Brush, CO; CO Plains Med Center (Ft. Morgan)  
 Children’s Hospital, Denver, CO; Orthopedic Center of the Rockies, Greeley, CO;  
 North Platte Orthopedic Center, North Platte, NE; Poudre Valley, Fort Collins, SCHC, Julesburg
  
8. Did the specialist request further testing? (Laboratory work and/or X-rays)  
 Yes – 33%                      No – 67%  
  
 If yes, in what facility were the tests performed? SCHC  
 Orthopedic Center of the Rockies
  
9. If you were an outpatient at Sedgwick County Health Center within the past 2 years, how satisfied were you with your services?  
 Satisfied – 77%              Dissatisfied – 0              N/A – 23%  
  
 Why: Good Service, Knowledgeable Doctors, Kind Staff, Quick Results
  
10. Do you have a primary care provider?  
 Yes – 85%      No – 15%
  
11. Do you use a medical clinic for most of your routine outpatient healthcare?  
 Yes – 100%      No - 0
  
12. Where do you receive your local health care? 92% @ SCHC; 8% Other
  
13. Are you able to get an appointment within 48 hours with your medical provider?  
 Yes – 77%                      No – 0%                      Usually/Sometimes – 23%

14. Do you feel that additional services need to be provided beyond the clinic hours of 9 am-12 pm and 1:30 pm-5:00 pm?  
 Yes – 15%                      No – 85%
15. Do you think there are enough medical providers in the county?  
 Yes – 70%                      No – 30%
16. What is your annual household income range?  
 Under \$25,000 – 8%  
 \$25,000-\$49,000 – 15%  
 \$50,000-\$75,000 – 54 %  
 Over \$75,000 – 23%  
 No Answer - 0
17. Have you or anyone in your household delayed healthcare due to lack of money and/or insurance?  
 Yes – 15%                      No – 85%
18. To what extent are you concerned about the cost and out of pocket expenses of healthcare?  
 1 – Not very concerned  
 2  
 3 – 8%  
 4 – 30%  
 5 – Very concerned – 62%
19. Where do you receive your medical services? If not Sedgwick County, why?  
 84% SCHC; 8% - Banner (Brush); 8% Perkins County (Grant); Ogallala, NE (more drs/more appointments available) – 8%
20. Are you concerned about transportation to get to a medical service you may need?  
 1 – Not very concerned – 92%  
 2  
 3  
 4  
 5 – Very concerned – 8%
21. Do you believe that Sedgwick County Memorial Health Center has services that support residents in managing their own health?  
 Yes – 77%                      No – 15%                      Don't know – 8%
22. What additional services, if any, would you like to Sedgwick County Memorial Hospital offer?  
 Less Wait Time for appointments (Clinic); More Specialists, Urgent Care (after hours); Wellness

23. During the past year, what health care services did you need and were NOT able to get and what was the reason?

A doctor visit, checkup or exam

- A. Appointment was not available – 5 issues
- B. My insurance was not accepted – no issue
- C. Medicaid not accepted – no issue
- D. Couldn't afford co-pay – no issue

Appointment or referral to a specialist – NO ISSUES

- A. Appointment was not available
- B. My insurance was not accepted
- C. Medicaid not accepted
- D. Couldn't afford co-pay

Other medical treatments (test, surgery, lab, x-ray)

- A. Appointment was not available – 1 issue
- B. My insurance was not accepted- no issue
- C. Medicaid not accepted – no issue
- D. Couldn't afford co-pay – no issues

Medications/Prescriptions

- A. Appointment was not available – 1 issue
- B. My insurance was not accepted – no issues
- C. Medicaid not accepted – no issues
- D. Couldn't afford co-pay – no issues
- E. Slow response from Dr. for refill – 1 issue

Immunizations

- A. Appointment was not available – NO ISSUES
- B. My insurance was not accepted
- C. Medicaid not accepted
- D. Couldn't afford co-pay

24. Have you used an Ambulance Service in the last 2 years?

Yes                      No – 100%

25. Were you satisfied with the ambulance services you received? Not Applicable

Yes                      No

Why?

26. What is your opinion about these other possible community issues?

Poverty

- Not an issue - 0
- Minor issue – 24%
- Moderate issue – 46%
- Major issue – 15 %



No opinion/don't care – 15%

Low Education Levels

Not an issue – 23%  
Minor issue – 16%  
Moderate issue – 37%  
Major issue – 16%  
No opinion/don't care – 8%

Motor Vehicle Accidents

Not an issue – 38%  
Minor issue – 38%  
Moderate issue – 15%  
Major issue  
No opinion/don't care – 9%

Availability of Exercise/Fitness Programs

Not an issue – 54%  
Minor issue – 8%  
Moderate issue – 22%  
Major issue – 8%  
No opinion/don't care – 8%

Domestic Violence

Not an issue – 15%  
Minor issue – 15%  
Moderate issue – 46%  
Major issue – 8%  
No opinion/don't care – 16%

Sexual Violence

Not an issue – 23%  
Minor issue – 30%  
Moderate issue – 37%  
Major issue  
No opinion/don't care – 10%

Bullying in Schools

Not an issue – 15%  
Minor issue – 15%  
Moderate issue – 62%  
Major issue – 8%  
No opinion/don't care

Littering

- Not an issue – 22%
- Minor issue – 30%
- Moderate issue – 30%
- Major issue – 8%
- No opinion/don't care – 8%

Air Pollution

- Not an issue – 37%
- Minor issue – 30%
- Moderate issue – 15%
- Major issue – 9%
- No opinion/don't care – 9%

27. Based on your experience of living in the area and specific to the last 2 years, do you feel there are problems concerning the following?

Individual/Family Health Concerns (specific to disease or condition)

- Yes, I think there is a problem - 8%
- No, I have no concerns – 54%
- No opinion – 38%

Emergency Preparedness and Response

- Yes, I think there is a problem – 15%
- No, I have no concerns – 70%
- No opinion – 15%

\*County/Hospital should have full-time staff.

Healthcare Availability

- Yes, I think there is a problem – 10%
- No, I have no concerns – 90%
- No opinion

Safety (accidents, injury, violence)

- Yes, I think there is a problem – 15%
- No, I have no concerns – 85%
- No opinion

Public Health (issues that could affect the whole community)

- Yes, I think there is a problem - 15%
- No, I have no concerns – 70%
- No opinion – 15%

If yes to any, please explain. No explanations given.

28. Household/Family Issues: In your household, how would you describe the following health issues:

Having a lot of anxiety or stress

- Not an Issue – 30%
- Minor Issue – 23%
- Moderate Issue – 30%
- Major Issue – 8%
- No Opinion/Don't Know – 9%

Experiencing Depression

- Not an Issue – 54%
- Minor Issue – 15%
- Moderate Issue – 15%
- Major Issue
- No Opinion/Don't Know – 16%

Experiencing alcohol/drug abuse

- Not an Issue – 69%
- Minor Issue – 8%
- Moderate Issue – 8%
- Major Issue
- No Opinion/Don't Know – 15%

Children being overweight or obese in your household

- Not an Issue – 77%
- Minor Issue – 15%
- Moderate Issue
- Major Issue
- No Opinion/Don't Know – 8%

Adults being overweight or obese in your household

- Not an Issue – 62%
- Minor Issue – 15%
- Moderate Issue – 8%
- Major Issue
- No Opinion/Don't Know – 15%

Not being able to access care for a person with a serious physical/mental illness

- Not an Issue – 54%
- Minor Issue – 15%
- Moderate Issue – 8%
- Major Issue – 15%
- No Opinion/Don't Know- 8%

\*Mental Health Resources are non-existent

Thoughts about suicide

- Not an Issue – 69%
- Minor Issue – 8%
- Moderate Issue – 23%
- Major Issue
- No Opinion/Don't Know

No dental care

- Not an Issue – 37%
- Minor Issue – 15%
- Moderate Issue – 30%
- Major Issue – 8%
- No Opinion/Don't Know – 10%

No vision care

- Not an Issue – 37%
- Minor Issue – 23%
- Moderate Issue – 16%
- Major Issue – 8%
- No Opinion/Don't Know – 16%

29. On a scale of 1 (worst possible) to 10 (the best), how would you rate your overall health at this time? 5 – 8%; 7 – 8%; 8 – 38%; 9 – 38%; 10 - 8%

30. What is your zip code?

- 80737 – 54%
- 80744 – 30%
- 80749 – 8%
- 69129
- 69122 – 8%

31. What is your age range?

- 18-25 – 8%
- 26-39 – 8%
- 40-54 – 54%
- 55-64 – 22%
- 65 or over – 8%

32. What type of health insurance do you currently have?

- Uninsured
- Private Pay Insurance
- Employer Sponsored Insurance 85%
- Public (Medicaid/Medicare/CHP+) 15%
- Vision Insurance 15%
- Dental Insurance 8%

## Sources

2016 and 2017 County Health Rankings for Colorado and Nebraska, a publication by collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Institute, available at [www.countyhealthrankings.org](http://www.countyhealthrankings.org).

United States Census Bureau facts, available at [www.census.gov](http://www.census.gov).

Colorado State Demography Office, available at [www.colorado.gov](http://www.colorado.gov).

Colorado Rural Health Center, available at [www.coruralhealth.org](http://www.coruralhealth.org).